

# Biddeford Pool Community Center biddefordpoolcommunitycenter.org July / August 2023 Newsletter



#### Message from the President

This is a jammed packed newsletter so I will be brief. The Biddeford Pool Community Center volunteers have come up with numerous activities for the upcoming months. Check out this newsletter, check out the calendar—https://biddefordpoolcommunitycenter.org/google-cal/—and participate in the activities. And while you're at it, thank a volunteer.

On behalf of the Board of Trustees, I hope to see you at BPCC's upcoming activities.

Joe Valenza



# Local (Coastal) Climate Task Force Session Friday, June 16<sup>th</sup>, 5:30pm



At the Community Center

Following Biddeford's great Climate Task Force presentation on May 16<sup>th</sup> with Tim Boston, it was suggested that we start our own Coastal Task Force on Climate and help Biddeford:

- To Develop a Climate Action Plan to reduce carbon pollution & prepare for climate risks.
- To Identify short and long term strategies.
- To Align with State of Maine climate targets.
- To Educate & engage the public on climate issues.

We want to have a group discuss the climate issues for Biddeford's Coastal Areas and report to the Biddeford Task Force by Labor Day. Biddeford's Task Force reports to Biddeford City Council by the end of the year so the Council can establish short & long term strategies for Biddeford. We will meet first on June 16<sup>th</sup>, again on July 21st, and lastly August 18<sup>th</sup> in the Community Center Library at 5:30pm. It is very important that our community helps create the strategies for Biddeford. Come help us create a list of items to give this Task Force so our voices are heard and included. The overall format of the Biddeford Task Force will be reviewed at these meetings. To familiarize yourself with 'Biddeford's Climate Task Force' go to:

https://www.biddefordmaine.org/3131/Biddeford-Climate-Task-Force

"Climate change is not just another issue. It is THE issue that, unchecked, will swamp all other issues." Rob Gelbspan, Boston

## **Fourth of July Parade**

Tuesday, July 4<sup>th</sup>, Assemble 10:00am in front of BPVFD

Be creative with cars, floats, bikes, and have fun!
Looking for convertible cars for MJSP sisters. Call Eve @ 207-282-0417
Parade starts at 10:30am and goes around B.P.

Only with your help, will BPCC take over the BPVFD Cook-out

Willing to help? Call 207-282-0417



## **Stone Skipping Contest**

Friday, July 7<sup>th</sup> at 5:30pm

Register at 5:15pm

Vines' Landing Beach (the 'Gut'), at High Tide Bring your own stones (3).

Best skip gets recorded. 4 Categories: 8 and under, 9 -12, teens, adults Prize for each category winner.

Volunteers needed: 2 Registration and 2 Judging

# PJ Story Hour Schedule at BPCC Library & Vines Landing - 7:00pm

Created by Robert & Blake Foster

Monday, July 10<sup>th</sup>, Pirate Pete readings at Vines Landing

Monday, July 17<sup>th</sup>, Fairies with Daisey Carroll at Library

Monday July 24<sup>th</sup>, Ecology for Kids w/ Jennifer Brown-Strabley at Library

Monday, July 31<sup>st</sup>, Bones! with Dr. Tim Foster at Library

A craft or other form of activity will follow the readings.





#### Ice Cream Social Farewell!

( Community Center Members ONLY - accommodations limited! ) Monday, July 10<sup>th</sup>, 2:00pm

#### behind Marie Joseph Spiritual Center

Come say goodbye to our longtime friends and neighbors as they leave Biddeford Pool forever. We will miss them, and they will miss us, but we wish them much peace and happiness in their new homes. We will never forget them.

RSVP a MUST to attend, by July 7<sup>th</sup>.

Please contact/reply Eve at 207-282-0417 or <a href="mailto:eve@maine.rr.com">eve@maine.rr.com</a>



#### **Seaside Fair**

Saturday, July 15<sup>th</sup>, 10am - 2:00pm

Artists, Craftsmen, Raffle, Lunch, and Kids' Activities
Help is still needed with set-up and breakdown, face painting, supervisors
in child craft areas, and raffle ticket sales.

Contact Eve @ 207-282-0417 or eve@maine.rr.com

Artists by the Seal Biddeford Pool Community Center

Opening Reception, Friday, July 28<sup>th</sup> 5:00 – 7:00pm Saturday, July 29, Art Show 10:00- 5:00pm

Sunday, July 30, Art Show. 10:00 – 3:00pm

#### The Night Sky - Number 2

This (very 'sciency') class will be a follow - on to the astronomy class offered at the end of March , 'The Night Sky' . Topics to be covered will include :

- 1) How astronomers estimate distance and speed of objects towards / away from us, using light
- 2) The scientific basis for Walt Whitman's statement, 'I believe a leaf of grass is no less than the journeywork of the stars'
- 3) Estimates of the number of galaxies (and stars) in the universe from measurements taken by the Hubble Space Telescope
- 4) The revolution in our understanding of gravity and its interactions with matter and light (including a discussion of the Black Hole in the center of the Milky Way)
- 5) More exotic stuff

Classes on Wednesday July 12 and 19 at 7:00 PM at the BPCC To facilitate dialog and discussion, 35 attendees max

RSVP to Chris Sorrentino 207-282-1545 cmsscrbiddpoolcc@gmail.com

Chris is a retired physicist who worked at MIT Lincoln Lab. and the Mitre Corp.

You bring your curiosity, Chris brings the slides (~5 equations / ~20 images of exploding stars, stars forming, black holes, bending light, dark matter, and a ton of galaxies)



### "Star Gazing Party"

at Astronomical Society of Northern New England around 900 Alewive Road, Kennebunk (rt. 35) **Tuesday, July 18**, raindate; July 25, meet there 8:45pm

A Star Party is an event where astronomers (even amateur ones) get together and to view the night sky through telescopes. ASNNE has two telescopes, an 8: f/15 Zeiss-Jena refractor and a 16" Meade LX200 GPS Schmidt-Cassegrain. We view planets, galaxies, constellations, nebulae and star clusters.



Limit of 35 participants, those signed up for Chris Sorrentino's talks and those having attended the March ASNNE event have first preference. RSVP to Diane: dbmn27@maine.rr.com Donation requested.

# History of Inns, Hotels & Rooming Houses of the Biddeford Coast

(a popular repeat) **Tuesday, August 22**, 6:30pm at The Meeting House on Meeting House Road, Biddeford

Rooming houses, hotels and inns played an important role in Biddeford's coastal history. Enjoy the special evening with Peter McPheeters as he shares photographs and tales from the past.

### Book Launch for Up for the Season

<u>Up for the Season</u>, a collection of stories about the Pool's summer community, will be launched on **Wednesday**, **July 12**, **5 to 7 p.m.** at the Casino, 15 Stonecliff Road. The book costs \$20, with profits to be donated to the Biddeford Pool Community Center. There is street parking, but please do not park on the property.



<u>Up for the Season</u> is edited by long-time summer residents Janice Hamilton and Christy Bergland. This collection of short articles includes histories of some of the old cottages, childhood memories of the Pool, stories about favorite places and articles by or about Joe Bain, Penny Marshall, Peter McPheeters, Mrs. Ross and many others. Among the



questions these articles have tried to answer is, when and why did your family first come to Biddeford Pool?

The book can also be ordered online at <a href="https://boutique.bouquinbec.ca/up-for-the-season.html">https://boutique.bouquinbec.ca/up-for-the-season.html</a>. If the order page appears in French, click on the French/English link near the upper right corner to switch to English. (You might not see that link if you are using the small screen of a cell phone.) Online, the book costs \$20.00 Canadian (about \$15 U.S.), plus shipping.





# Garden & Art Tour

BIDDEFORD POOL • HILLS BEACH FORTUNES ROCKS • GRANITE POINT

# AUGUST 5 · 11AM - 3PM RAIN DATE AUGUST 6







#### ANNOUNCING THE 2023 BPCC GARDEN & ART TOUR!

Set against the backdrop of our beautiful beaches & marshes, the communities of **Biddeford Pool, Hills Beach, Fortunes Rocks and Granite Point** will open some of our premier gardens for visitors to take a self-guided tour. Local artists will be joining several of our gardeners to showcase their work. Master Gardeners will also be on hand to talk with attendees at some locations.

Purchase online at eventbrite.com
(Search for Biddeford Pool Community Center Garden & Art Tour)
Tickets \$30 each



Proceeds to benefit the BPCC, which fosters educational and charitable assistance for local area persons in need.

BiddefordPoolCommunityCenter.org



#### **BPCC LIBRARY AT LEISA'S PLACE**



**LIBRARY NEWS:** I'll be brief this month and just pass on a couple of pieces of information.

I am still hoping that we will have our library open Monday through Friday mornings (10-12). This is dependent on our volunteer availability throughout the summer. Keep an eye out for notices of open hours on the Library entry as well as the two BP bulletin boards (PO & tree near the Center).

That said we do hope that many will utilize our library and its many reading options. We have acquired several new books in the adult offerings and are continuing to update the childrens sections.

Below is a short list of books we are hoping to acquire as donation. A heartfelt "thank you "to all those who have made book donations over the past several months...always appreciated.

Sue Maccalous Volunteer

Night Tiger / Yangsze Choo
This is How You Lose Her / Junot Diaz
Seven Husbands of Evelyn Hugo / Taylor Jenkins
We All Want Impossible Things / Catherine Newman
Lungfish / Meghan Gillis ( Maine author)
Yerba Buena / Nina Lacour
The Guest Book / Sarah Blake
The Gifted School /Bruce Holsinger



### **Bridge continues at BPCC!**

On **Mondays, please join us for drop-in Bridge, 1 - 4 pm**. All levels are welcome. For more information, please contact Debbie Melican (<u>burnsmelican@gmail.com</u>).

On **Fridays, duplicate Bridge happens, 1 -4 pm**. Because full tables are required to play, advance sign-up is needed. Please contact Carol Bassett (cjobmaine@gmail.com) if you wish to join this group.

Wishing everyone a 2 Club opener! Carol & Debbie



# Mah Jongg

Wednesdays at 1:00

Mah Jong continues on Wednesdays at 1:00.

A dollar contribution is requested. We welcome all levels of play and look forward to our summer visitors.

Any questions, please contact Lynne Cox at 978-807-2598.



#### **BPCC Board Meetings**

Board meetings are held on the third Wednesday of each month at 4 pm.

If interested in joining contact Joe Valenza @<u>jjvidal@gmail.com</u>.

Board Minutes may be found on the website biddefordpoolcommunitycenter.org

Center Rentals and other Requested Center Uses please contact Jim Oleson at (508) 641-7768 or jimoleson57@gmail.com.







#### Fitness & Yoga Classes offered in the Pool this Summer 2023

We are excited to be offering fitness classes again in the Pool this summer, please see below for general information.

YOGA With

Mindy

Mindy is offering gentle to moderate yoga at the BPCC on **Wednesday mornings** from 9:30-10:30 **starting June 28th.** Pre-registration is required. Sign up at www.mindymuseyoga.com or for more information, contact Mindy at 207-838-9684 or mindymuseyoga@gmail.com. A portion of the proceeds go to the BPCC.



Tracy will be offering fitness classes again this summer **starting in late June**. Most likely the schedule will be Monday, Tuesday, Friday and Sunday. All levels welcome. \$10 Drop-in or discount rate for the season. All donations go directly to the BPCC. If you would like to receive an email with details of classes, please contact <a href="mailto:gtfamily@comcast.net">gtfamily@comcast.net</a> or 978-460-0575.

### BEACH YOGA - Tuesday and Thursday at bath house beach.

7:15 am. Weather permitting

Donations will go to the Biddeford food bank this year.

Suggested donation is \$10-\$15 per class. Cash or Check only please.

THE-STUDIO- Introducing my yoga /reiki/ fitness studio in Biddeford Pool by appointment.

Text only please with any questions @ 207-415-6955 for more information

Private/ semi private / small group availability Namaste



### **Considering Composting?**

Biddeford has a Compost Area at their transfer station on Hill Street Hours are Wednesday - Saturday 7am - 4:45pm See BiddefordMaine.org - Dept of Public Works

Organic scraps acceptable include:

- 1. Fruits and Vegetables
- 2. Meats & Fish scraps including bones
- 3. Eggshells
- 4. Paper Towels and Napkins
- 5. Coffee Grounds and Filters
- 6. Bread, Bagels and other Baked Goods
- 7. Rice and Pasta

Just think how much you could keep out of landfills!





### SAVE THE DATES!!!

**SUMMER 2023** 

#### UNION CHURCH PRESENTS ....

We invite you to join us for two lively evenings that are sure to delight the entire family!

Each event will be in-person at Union Church, 3 Stonecliff Rd., Biddeford Pool

#### Thursday, August 3, 7:00 PM BARBARA WALSH

Pulitzer Prize-winning reporter and Maine author, Barbara Walsh, will talk about her 40-year journalism career and her books focusing on some of Maine's extraordinary characters, such as **The Lobster Lady: Maine's 102-year-old Legend.** Her other books include **Sammy in the Sky**, inspired by her family's first dog and illustrated by renowned artist Jamie Wyeth; and



August Gale: A Father and Daughter's Journey into the Storm, an epic, true "sea story" and a poignant, multi-layered story of "the ties that bound her own family despite death and desertion." (Kirkus Reviews)

Walsh was awarded the Pulitzer for her reporting on convicted killer William Horton Jr. and Massachusetts' flawed prison program that allowed killers unsupervised weekend furloughs. Her reporting over the years has also earned several national, state and regional awards, including the Yankee Quill Award for journalism excellence, commending her personally for being "a feisty project reporter who writes about important public matters ... and has changed society for the better." FMI on Barbara: <a href="mailto:barbarawalsh.net">barbarawalsh.net</a> or <a href="mailto:bwalshauthor@gmail.com">bwalshauthor@gmail.com</a>

#### Thursday, August 17, 7:00 p.m.

#### LINCOLN PEIRCE

Join us for a lively discussion and drawing demonstration with cartoonist and writer Lincoln Peirce. His comic strip, **Big Nate**, was syndicated in 1991 and currently appears in over 400

newspapers worldwide. He is also the author and illustrator of a series of New York Times Bestselling novels based on his comic strip. **Big Nate** books and compilations appear in 33 different languages and have sold over 20 million copies.



In 2018 he created **Max & the Midknights**, a comedic adventure trilogy set in the Middle Ages. His books have been honored by the American Library Association, the Children's Book Council, and the American Booksellers Association. An animated **Big Nate** television series currently airs on Paramount Plus and Nickelodeon. An animated **Max & the Midknights** series will debut on Nickelodeon in early 2024.

Tickets for each event are \$20 for adults and \$10 for children 12 and under. Registration and ticketing information will be available SOON!

As always, 100% of the proceeds benefit Union Church's outreach projects. Included in our goals for 2023 are the Saco Meals Program, the Biddeford Food Pantry, the Seeds of Hope Neighborhood Center, Ever After Mustang Rescue, the Apex Youth Connection program in Biddeford, the Ecology School in Saco, and funds to help individuals and families in need. Globally we also support the education of two students overseas and a program that helps children of the barrios in Guatemala City.