



Biddeford Pool Community Center

biddefordpoolcommunitycenter.org

January/February Newsletter 2022

Winter Greetings for A Happy and Healthier New Year!



Message from the President

Greetings and Happy New Year on behalf of the Biddeford Pool Community Center Officers and the Board of Trustees. Or as Eve McPheeters recently stated: *I'd rather wish you a Healthy, Safe, and Happy 2022. We are all so ready for that.*

We are indeed ready for that. Despite the abnormal times, BPCC has been active, thriving, and growing. I will go into more detail in the forthcoming letter you will receive along with your membership renewal form. Please renew your membership as soon as possible. And if you know someone who might be interested in joining BPCC, please let us know.

In the meantime, have a Healthy, Safe, and Happy 2022.

Center Activities for the New Year are currently limited to 12 people upstairs, and 12 down with proof of full vaccination. Additional offerings will remain on Zoom or outside. The Board is continually assessing the situation and will respond appropriately keeping us advised of any changes.

Monday, January 17th is Martin Luther King Day, and a Full 'Wolf' Moon Night. January's Full Moon is called the "Wolf Moon" as a reference to wolves that used to howl at night around this time of year. Perhaps we should change that to 'Coyote Moon'.

There will be a **Full Moon Walk along Ocean Avenue at 5:00pm** (weather permitting). Parking is available along Lester B Orcutt and we will meet at the East Point Sanctuary gate.

Moon rise is around sunset at 4:34pm.

Like to Skate? Word has it that the pond in Fortunes Rocks can be less windy than the Big Pond at B.P. Folks gather on Sundays when the ice is right!





YORK COUNTY SENIOR COLLEGE ANNOUNCES THEIR GARY SULLIVAN LECTURE SERIES WINTER 2022

Greetings from York County Senior College! We are excited to announce our Gary Sullivan Lecture Series for Winter 2022! Due to the ongoing and upsurge in Covid 19 cases, we are not able to offer in-person meetings. However, being that it's winter in Maine, Zoom is a very acceptable alternative. All lectures to be presented via ZOOM, on Wednesdays at various times.

We've a variety of speakers and topics this season, and please note - while all are on Wednesdays, we've a variety of times of day as well, including a couple in the evening! Following is a listing of the lecture Dates, Times, Speakers and Titles. The full description of each lecture can be found on CourseStorm via our website per instructions below.

Registration for our Gary Sullivan Lecture Series is only one \$25 registration fee and includes all 8 lectures. What a deal!! You don't have to pick and choose. You register once and you'll receive an invite for each lecture. If you can't or don't wish to attend, you don't need to be concerned about it. Your membership dues would help to support York County Senior College.

Our 2022 Gary Sullivan Lecture Series has been set up as a course on CourseStorm. To register, go to our York County Senior College website at: (yorkcountyseniorcollege.org), click on the Courses/Sites tab, select Gary Sullivan Lecture Series, scroll down to the colorful CourseStorm link and click on it. That will take you to CourseStorm - our totally online registration and payment platform. If you've registered on CourseStorm previously, it will remember you. If you're new to us, it's easy to enroll and register.

We encourage registration and payment via CourseStorm, however, if you must pay by check make it payable to York County Senior College and mail it to:
YCSC/UMA Saco, 4 Scamman St., Ste. #18, Saco, ME 04072.

If you need assistance, you may:

Call us at (207) 282-4030, or

Email us at: info@yorkcountyseniorcollege.org

JANUARY

- 1) January 12th 3:00 – 4:30 p.m.
Guest Speaker: Lorraine Dutile Masure
"Remembering the '50s"
- 2) January 26th 7:00 - 8:30 p.m.
Guest Speaker: Ben Goldsmith
"Cyber Security/the Cloud"

FEBRUARY

- 3) February 2nd 7:00 - 8:30 p.m.
Guest Performers: The Sea Reeds Clarinet Quartet
"Clarinet Ensembles Can Be Fun? Really!"
- 4) February 9th 1:00 -2:30 p.m.
Guest Speaker: Samantha Cardona
"Women in Sports"
- 5) February 23rd 3:00 -4:30 p.m.
Guest Speaker: Jessy Randall
"Women in STEM"

MARCH

- 6) March 9th 3:00 – 4:30 p.m.
Guest Speaker: Arlene Jackson
"Writers from Maine"
- 7) March 16th 4:00 – 5:30 p.m.
Guest Speaker: Kate Kennedy
"Maine's Remarkable Women"
- 8) March 23rd 4:00 – 5:30 p.m.
Guest Speaker: Kathy Angel Lee
"Maine Women in the Arts"





Creative Studio

Drawing a Still Life w/ Diane Noble

Four different sessions offered:

Thursdays January 20 & 27, February 10 & 24, 10 am - 12 noon

We will meet inside the Center following CC protocols:

Wear a mask, show proof of vaccination, and sit apart

Bring your choice of drawing supplies - paper, pencils, black pens, colored pencils, your choice.

No experience necessary. Limit 12 participants.

Donation \$10 per session

R.S.V.P. to Diane @ dbmn27@maine.rr.com

Brexit - with Steve Podsiadlo of York County Senior College.

Just one segment of the 'Great Decisions' class Steve offered last fall, '**Brexit**' will include a video, and discussion on the decision made to leave the European Union.

Wednesday, February 16th, 10:00am - 11:30am

To sign up contact Eve @ eve@maine.rr.com for Zoom registration.

A Zoom link will be sent to all who respond.

In lieu of payment Steve has requested that donations be made to the Biddeford Food Pantry, 162 Elm St., Biddeford, ME. 04005

Or pay online @ biddefordfoodpantry.org

Suggested donation \$10



Creative Writing Group

We will be meeting again to write on Monday mornings. We will start by sharing our writings on Zoom that Patricia Burke will set up for us. A prompt will be given out the day before on Sunday. You write based on the prompt, then Monday at 10:00am we read our writings and give feedback to one another on Zoom. We will hope that we might be able to meet inside at some point this Winter.

No experience necessary, just a chance to write and share. You respond to whatever comes into your head after reading the Prompt. You never know where your mind will take you, serious or comical. Examples of Prompts we have had are: *My Special Place; What If..., What's in the Bag?, It was that Time of Year When...?*

If you are interested in joining in, please let Diane Noble know: dbmn27@maine.rr.com

Dates: Mondays: January 17 & 24; February 14 & 28. Donation accepted to BPCC.



BPCC Board Meetings

Board meetings being held by Zoom on third Wednesday of each month at 4 pm.

If interested in joining contact Joe Valenza @ jjvidal@gmail.com.

Board Minutes may be found on the website biddefordpoolcommunitycenter.com

Center Rentals and other Requested Center Uses should contact Jim Oleson at
(508) 641-7768 or jimoleson57@gmail.com.



Do you know who these kids are, where they are, or what that thing is in the background?

January 23, 2022, 4:30 PM*

BPCHS Presents a Slide Show and Talk: People, Places and Things

You've seen lots of vintage photos of the area, but rarely the people who populated it back in the day, the things that were a part of their lives, and all of their interconnections.

The Biddeford Pool Community Historical Society

will host a virtual slide show and talk on Sunday, January 23rd at 4:30 PM.

We hope to see you then!

*The time is subject to change, depending on Patriot's playoff schedule (if they make it that far!).

Please contact Peter McPheeters-- peter@oceanviewproperties.net if you'd like to participate.

We will send out a Zoom link to all who respond.

February 27, 2022, 4:30 PM

BPCHS Presents a Slide Show and Talk: What's in a Name, Part II

The Biddeford Pool Community Historical Society

will host a virtual slide show and talk on
Sunday, February 27th at 4:30 PM.

We hope to see you then!

Please contact Peter McPheeters--

peter@oceanviewproperties.net

if you'd like to participate.

We will send out a Zoom link to all who respond.



Look carefully at this map from 1872. Who was Fletcher, of Fletcher's Neck, Milliken of Wood Island or Varrel (sic) of Stage Island. Isn't Tappen a much better name for the little island to the NW of Wood Island? What do you know about the Hill's, Bunker's, McBride's or Goldthwait's (with or without the 'e' at the end) or their respective places in our history?



Drop-in Bridge will resume Monday, January 24th at 1 pm at BPCC. All levels are welcome, and a \$1.00 donation is appreciated. RSVPs are not required but are helpful (burnsmelican@gmail.com).

Duplicate Bridge will resume on Friday, January 21st at 1 pm at BPCC. A \$1.00 is appreciated. If you want to play, please let Carol (cjobmaine@gmail.com) know by Thursday, January 20th as RSVPs are required so that we have full tables.

Our COVID vaccination requirement continues and will be posted in the Center.

We'd love to have you play with us! Carol Bassett & Debbie Melican



Livestream Gentle Chair Yoga for seniors on Zoom with Mindy Miller Muse ERYT

4 week series for BPCC Members

Mondays January 24- February 14, 2022 from 9:45am-10:30am

Cost: \$48 per person (absence is non refundable) A portion of the proceeds benefits BPCC.

Each Participant in your household will need to register for the class.

Register online here (copy and paste this link into your browser):

<https://clients.mindbodyonline.com/classic/ws?studioid=721886&stype=-8&sTG=35&sVT=1030&sView=day&sLoc=0>

Please Register By January 17th (class will run with minimum sign ups).

A zoom link will be sent to your email prior to the first class.

Please contact Mindy if you have questions or need support with sign up
at 207 838 9684 or mindymuseyoga@gmail.com. FMI about Mindy visit mindymuseyoga.com



Mindy Miller Muse (She/Her) E-RYT 500, C-IAYT MSW

Yoga Muse School of Yoga

www.mindymuseyoga.com, www.facebook.com/Mindymuseyoga, Instagram: mindymuseyoga, 207-838-9684

LIBRARY NEWS: HAPPY NEW YEAR! Things at the library remain unchanged except for the building/ activities protocols. These will be posted and reviewed elsewhere in this Newsletter. Please stay informed.

The library is now OPEN on Thursday mornings only from 10-12pm. The hours are reduced as the library traffic is fairly low during the winter-early Spring days. Do stop by and see what new titles have been added. You may want to browse about to remind yourself of those books you “meant to read” but didn’t have time for or have simply forgotten about your previous interest in them! Also a nice time to catch up with any one of our friendly library volunteers.

While there are so many books we would like to purchase, we simply cannot acquire them all....so many choices to catch our interest!

Below is a list of books we would like to add and perhaps one you may have on your book pile that you would consider donating. You may have additional titles that you’ve enjoyed and would consider passing on to the Library. We have had several welcomed donations this year and always appreciate the generosity of the gift. If you have more than a couple of book donations, I would appreciate a call in advance of your donation. As mentioned in the past, our space is limited.

Thank you all. Happy reading!



Anthony Doeer	Cloud Cuckoo Land
Kate Quinn	The Rose Code
Janet Skeslien Charles	The Paris Library
Ta-Nehisi Coates	The Water Dancer
Isabel Wilkerson	Caste
Isabel Wilkerson	The Warmth of Other Suns
Abi Dare’	The Girl with the Louding Voice
Christina Baker Kline	The Exiles
Louise Penny	The Madness of Crowds
Alex Michaelides	The Maidens: a Novel
Alex Michaelides	The Silent Patient
Diana Gabaldon	An Echo in the Bone
Diana Gabaldon	Written in my Own Hearts Blood
Diana Gabaldon	Go Tell the Bees That I Am Gone (New)

Afghan Family Update

Hakim Shafiqa (pronounced Shah – fay – kah) and a daughter and son are here. Another son, his wife, and daughter arrive soon. A third son, his wife, and their family will fly here in January.

Their resettlement is supported by the U.S. Department of State's Afghan Placement and Assistance Program (APA) that is administered in Maine by Catholic Charities. Hakim and his family have a case worker assigned to help them through the process.

Although they will have many needs, there is an immediate need for Hannaford or Sam's Club gift cards.

Under the APA program, they can receive food stamp assistance until they get jobs and get on their feet. They filed the paperwork, but it will be at least 30 days until they become eligible.

This gift card request is to provide food assistance to fill the gap for the next 30+ days. In addition to this request, Jen & Eddie Fullmer are working with the local food pantry to fill the gap.

**If you can provide Hannaford or Sam's Club gift cards for the family, please either drop them off or send them to:
Jen & Eddie Fullmer, 20 Peter Pond Lane, Biddeford ME 04005 325-660-8661**

Construction Project



After reviewing drawings and a cost estimate of \$239,150 for a handicap ramp and 2nd floor fire escape staircase from one contractor the board decided the building committee needs to look at other options. The board felt the big problem besides the expense for a ramp system was the sheer size of the handicap ramp. As drawn, it required a footprint roughly 24' long from the front of the building to the back and almost 20' into the fenced south side of the building. The fenced area is used for many outside activities and at times is already considered small.

The building committee then investigated an aluminum handicap ramp system. They found that it would cost a lot less than a custom-built wood ramp system but felt it would always look temporary. BPCC is looking for a permanent solution that fits in with the old building so back to the building inspectors original suggestion of an elevator/lift for access to the first floor.

The committee reviewed pictures from Luke's Lobster in Portland which has had the same lift attached to their front staircase since May 2019 and saw that it could certainly work at BPCC. We then agreed on how the elevator and deck should be situated, possibly with a full roof over both. The final decision was the need for and an architect to make sure all applicable ADA rules are followed. Of course, another benefit of having drawings is it simplifies the quoting process. Chris Carrol was asked and has accepted the duties of architect and has already submitted a first non-construction drawing to see if he is on the right path. What we saw we liked and look forward to a finished drawing that can be used for quoting purposes.

This has been a long slow process but with a drawing in hand we should be able to find a contractor this winter that can begin early spring. Time will tell.

Jim Oleson, Building Committee Chair



****Calling All College Students****

Joan Beaudry Memorial Education Award

Joan was a longtime Biddeford Pool resident and passionate educator. This award was created in her memory to provide assistance for any college student who has ties to Biddeford Pool Community Center. Applicants' immediate family shall be members of BPCC (grandchildren of

active members are also eligible). **Candidates interested in applying MUST have applications completed and submitted no later than JUNE 1st, or forfeit eligibility for the year.**

The application can now be submitted online and includes a 500 word essay describing personal goals and objectives and addressing what the student perceives his/her role in the community to be. All award recipients will be asked to give back to the Biddeford Pool community by completing some community service (minimum 2 hours). A sample list of volunteer opportunities will be available on the website by April 1st. The amount of the reward is based on available funds and will be no more than \$1,000 per year. Complete eligibility guidelines, application process and online application can be found on the BPCC website <http://biddefordpoolcommunitycenter.org/education-fund/>.